

FOOD MENU FORM

Check the meals below according to the number of days you will be out. Menu choices apply to the entire party. Meals may be repeated (note exceptions). Trips leave after breakfast on the first day and return before dinner on the last day, so these meals should be omitted. (i.e., 5 night/6 day trip would have 5 breakfasts & dinners and 6 lunches marked.) *Please note with our dinners you are able to customize your vegetable and desserts with the codes provided.* **If the Food Menu Form isn't completely filled out and returned to us within 14 days of your trip, we will make it up for you.**

BREAKFASTS

- | | |
|--|---|
| <input type="checkbox"/> 1. Fresh Eggs,
(Day 2)
English muffin,
bacon, beverage | <input type="checkbox"/> 2. French Toast,
bacon, syrup,
beverage |
| <input type="checkbox"/> 3. Scrambled eggs,
hot caramel bread,
beverage | <input type="checkbox"/> 4. Buttermilk Pancakes,
sausage, syrup,
beverage |
| <input type="checkbox"/> ♦5. Granola Cereal
with milk, breakfast bar,
beverage | <input type="checkbox"/> ■ 6. Oatmeal,
toast & jelly,
beverage |

♦ Quick, No cooking ■ Quick, Hot breakfast

LUNCHES

- | | |
|--|---|
| <input type="checkbox"/> 1. Sliced Meat Tortilla
Wrap, granola bar,
fruit drink | <input type="checkbox"/> 2. Summer Sausage &
Cheese wrap, cookies,
fruit drink |
| <input type="checkbox"/> 3. Peanut Butter & Jelly
Sandwich, trail mix
fruit drink | <input type="checkbox"/> 4. "Quick Trail Lunch"
Trail bar, trail mix,
beef jerky, fruit drink |
| <input type="checkbox"/> ♦5. Macaroni & Cheese,
bread & butter,
cookies, fruit drink | <input type="checkbox"/> ♦6. Chili
Beef jerky, fruit snacks,
fruit drink |

♦ HOT LUNCH

DINNERS

(Make sure to fill in your code choice for your Vegetable & Dessert!)

- | | | |
|---|--|--|
| <input type="checkbox"/> 1. 1st Night Only (Circle one) Choice Steaks
or Chicken Breast Fillets, potatoes,
beverage, VEGETABLE: _____, DESSERT: _____ | <input type="checkbox"/> 4. Fresh Fish Dinner (your catch),
hash browns,
beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 7. Lasagna & Italian Sauce,
bread & butter,
beverage, VEGETABLE: _____ DESSERT: _____ |
| <input type="checkbox"/> 2. 1st or 2nd Night Only
Polish sausage, mashed potatoes,
beverage, VEGETABLE: _____, DESSERT: _____ | <input type="checkbox"/> 5. Spaghetti & Sauce,
bread & butter,
beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 8. Chicken w/Rice,
bread & butter,
beverage, VEGETABLE: _____ DESSERT: _____ |
| <input type="checkbox"/> 3. Beef Stroganoff w/noodles,
beverage, VEGETABLE: _____, DESSERT: _____ | <input type="checkbox"/> 6. Beef, Potatoes & Gravy
beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 9. Homestyle Turkey,
beverage, VEGETABLE: _____ DESSERT: _____ |

Customized Dinner Codes

Dessert Codes: 1= Mocha Mousse Pie, 2= Apple Crumble, 3= Chocolate S'mores, 4= Vanilla Pudding, 5= Lemon Pie, Ø= None Desired
Vegetable Codes: C= Corn, GB= Green Beans, P= Peas, Ø= None Desired

★ REMEMBER, THE MORE EXTRA ITEMS YOU CHOOSE TO TAKE ALONG, THE HEAVIER YOUR FOOD PACK BECOMES. ★

BEVERAGES: Please indicate how many people would like which beverage at breakfast & dinner. **Fruit drinks are packed for all lunches.** Please check if you prefer to have "sugar" (heavier in wt.) _____ or Nutrasweet (lighter in wt.) _____ for your fruit drinks.

Breakfast: Tang _____ Hot Chocolate _____ Hot Cider _____ Tea Bags _____
Reg. Coffee _____ Decaf Coffee _____
Dinner: Fruit Drinks _____ Hot Chocolate _____ Hot Cider _____ Tea Bags _____
Reg. Coffee _____ Decaf Coffee _____

BREADS: Please check preference.
White _____ Wheat _____

EXTRA OPTIONS: Please check the items that you wish us to pack.

Aluminum foil _____ Artificial Sweetener _____ Creamer _____ Cup-a-Soup _____
Fresh Onions _____ Honey _____ Sugar _____ Ketchup _____
Lemon Juice _____ Marshmallows _____ Mustard _____ Popcorn _____
Miracle Whip _____ Jelly _____ Tartar Sauce _____ Extra Fish Breeding & Oil _____

STAPLES: These items are always packed. Please *cross-off* those items that are not desired.

- | | | | | | |
|--------------|--------------|-------------------|-----------------|----------------|---------------------|
| ♦ Crackers | ♦ Dish towel | ♦ Extra beverages | ♦ Firestarter | ♦ Extra Snacks | ♦ Liquid & bar soap |
| ♦ Margarine | ♦ Matches | ♦ Paper Towels | ♦ Salt & Pepper | ♦ SOS Pads | ♦ Toilet tissue |
| ♦ Trash Bags | | | | | |

* Please advise us of any special dietary needs and we will do our best to accommodate them. Vegetarian meals are available upon request.